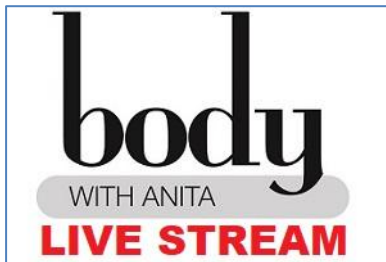
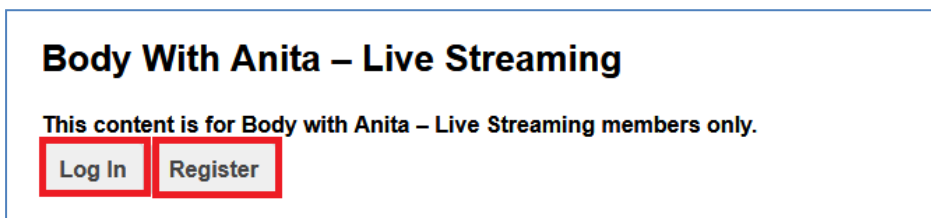


How to join a Body with Anita Live Stream

1. Install the zoom software from https://zoom.us/download#client_4meeting. You can do this from a PC, Mac, iPhone or Android smart phone or tablet. You need to have the software installed but you **do not** need a zoom account to join a live streamed class.
2. Go to <https://online.bodywithanita.com> and then **click** on the Body with Anita LIVE STREAM button. It looks like this:



3. You then have the option to click on **Register**.




4. Then click on **Register Body with Anita – Live Streaming option Select**.

Level	Price	
Online Taster Session	Free Membership expires after 1 Day.	Select
Mindfulness Online Taster Session	Free Membership expires after 1 Day.	Select
Online Zumba Body (Class 1)	£4.00 now. Membership expires after 1 Day.	Select
Online Fitsteps Body (Class 1)	£4.00 now. Membership expires after 1 Day.	Select
Online Barre Body (Class 1)	£4.00 now. Membership expires after 1 Day.	Select
Online Zumba Body (Class 2)	£4.00 now. Membership expires after 1 Day.	Select
Online Fitsteps Body (Class 2)	£4.00 now. Membership expires after 1 Day.	Select
Online Barre Body (Class 2)	£4.00 now. Membership expires after 1 Day.	Select
Online Dance Fitness - Songs From The Musicals	£4.00 now. Membership expires after 1 Day.	Select
Body with Anita - Live Streaming	£4.00 now. Membership expires after 1 Day.	Select

5. You only need to register your username and password with this website ONCE.
- If you HAVE already registered then click to Log In.
 - If you HAVE NOT already registered - enter your details below to create one.

You have selected the Body with Anita - Live Streaming membership level.



Body with Anita - Live Streaming!

Can't make it to class today?

Join a Live Stream with Anita!

The price for membership is £4.00 now.

Membership expires after 1 Day.

Do you have a discount code? [Click here to enter your discount code.](#)

You only need to register with this website ONCE.

*If you HAVE already registered Click ****HERE**** to log in*

If you HAVE NOT already registered - enter your details below to create one.

Username

Password

Confirm Password

E-mail Address

Confirm E-mail Address


Terms and Conditions

Insurance

Please note before paying and joining in that you are dancing at your own risk. Body with Anita cannot be held responsible for any damage to you or your surroundings.

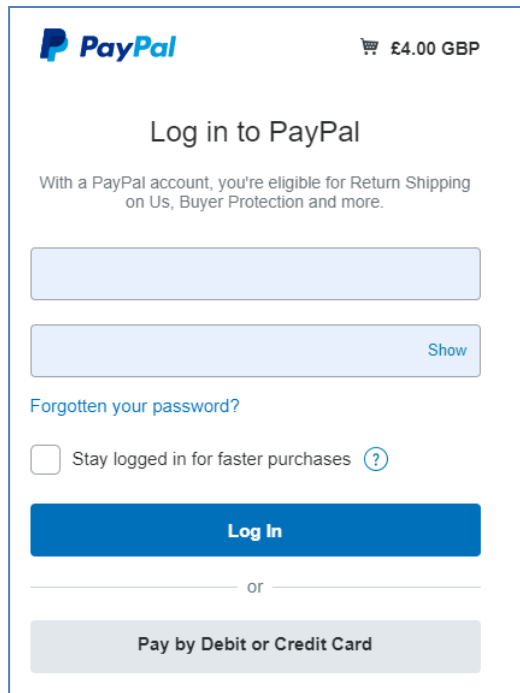
We advise a clear dance space of 2 metres.

I agree to the Terms and Conditions



You can also redeem any discount vouchers on this page.


6. Click PayPal Check out – Note: you do not need a PayPal account to use this. You can pay with a debit or credit card.



7. Once you have paid you'll be redirected back to the Membership Confirmation page. Click on the linked marked **HERE**.

Membership Confirmation

Thank you for your membership to Online Body with Anita. Your Body with Anita - Live Streaming membership is now active.



Welcome to Body with Anita - Live Streaming!

Click **HERE** or the image on the left to start


Below are details about your membership account. A welcome email has been sent to suffuse.solutions@gmail.com.

- Account: Pete Cogle (suffuse.solutions@gmail.com)
- Membership Level: Body with Anita - Live Streaming

**** NOTE : If your Membership Level is set to Pending and you do not get access View Your Membership Account → to the video immediately please refresh this page in your browser ****

8. Now you'll be directed to the final page. Again click on the link marked **HERE**.

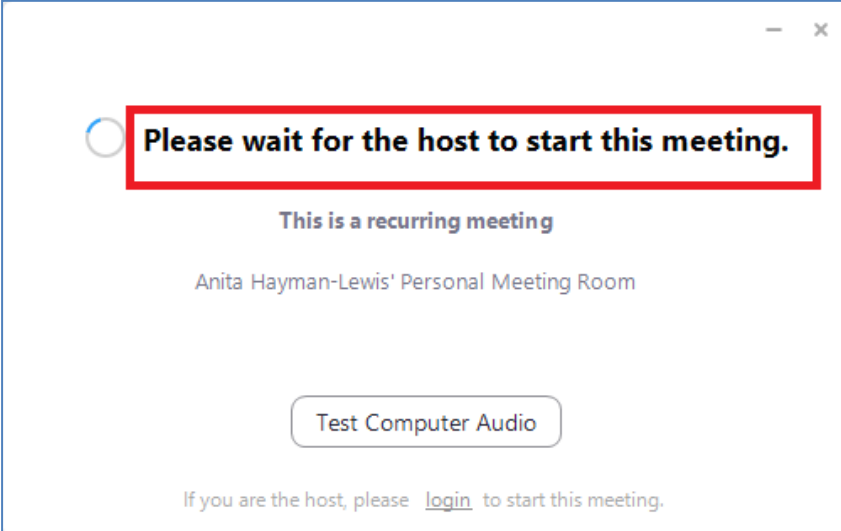
Body With Anita – Live Streaming



You can now watch your Online Body With Anita – Live Stream!

Click **HERE** or the image on the left. This will open the Zoom application and take you straight to the Class!

9. This starts the zoom application and you go straight to the live streamed class. At the appropriate time Anita will start the class.



— ×

Please wait for the host to start this meeting.

This is a recurring meeting

Anita Hayman-Lewis' Personal Meeting Room

Test Computer Audio

If you are the host, please [login](#) to start this meeting.